

Rid Yourself of Idols

How Do You Spend Your Time?

Often times, the way we spend our time and energy will reveal our idols.

How did you spend your time yesterday? What consumes your thoughts? Fill in as much detail as possible. Enter Sleep where it applies.

5 AM	6 AM	7 AM	8 AM	9 AM

10 AM	11 AM	12 PM	1 PM	2 PM

3 PM	4 PM	5 PM	6 PM	7 PM

8 PM	9 PM	10 PM	11 PM	12 AM

Do you see any patterns that may point out any idols in your life?

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